



# Canadian Headache Society Fellowship in Headache Medicine 2025 - 2026

## Description

The Canadian Headache Society is proud to support the Canadian Headache Fellowship program. Headache Medicine is an exciting neurology subspecialty and is a field rich in research activity. **We invite interested neurology residents and other qualified individuals to apply for the fellowship.**

## Centers who offer a fellowship program

Headache fellowships in Canada are available in Calgary, Toronto, Ottawa, and Vancouver. Prospective fellows may also approach headache specialists in other Canadian Centres to complete a fellowship. These applications will also be considered. Fellowship supervisors must be members of the Canadian Headache Society.

**The fellowship must be completed in Canada.**

## Funding

The fellowship is supported by unrestricted educational grants to the Canadian Headache. **The fellowship stipend is \$75 000.** The fellowship duration is one year, but applicants may apply for a second year of support. All candidates must be deemed eligible and approved by the Fellowship Committee.

**During the term of the fellowship, fellows are not permitted to hold a second major award.**

With the approval of their Fellowship Director, fellows may engage in departmental activities which contribute to their development as an independent researcher or clinician. These activities should not exceed 20% of their total time. Remuneration for these activities is permitted. Remuneration will have to come from the department in/for which the work is being completed. The CHS will not provide remuneration for these activities.

## Travel awards:

An amount of 1 500 CAD will be provided to a fellow to support attendance at a major congress on headache medicine. A second 1 500 CAD travel award could be allocated to a Fellow who has already benefited from a travel award but is presenting research at another headache event. Proof of attendance and the submitted abstract should be sent to the Fellowship committee Chair.

## Who can apply?

Candidates must, at a minimum, have an MD degree. Additional degrees (MSc or PhD) are considered an asset. Preference will be given to those who have completed a specialty program by the Royal College of Physicians and Surgeons of Canada and who intend to practice in Canada.

## **How to apply?**

The application process should be initiated not later than your fourth year of residency. We encourage you to contact the fellowship director in the center of your choice, and discuss the possibility of training in headache medicine and potential research (or scholarly) opportunities. A fellowship focussing on clinical headache medicine is acceptable. A formal research project is strongly encouraged. If research is not part of the fellowship proposal then another academic or scholarly project needs to be completed (e.g. a systematic review or similar activity). An application form with list of required documents is available.

**Please send the requested documents by email to the Canadian Headache Society c/o**

Michael Knash MD FRCPC  
Fellowship Chair  
Email: mknash@ualberta.ca

**Deadline for submission is March 30th, 2024, for the 2025 fellowship.  
Candidates will be notified of the results of the selection process by May 1st, 2024.**

**Following documents must be included in the request**

- 1. Completed application form**
- 2. CV (with details on headache medicine experience)**
- 3. 2 Letters of Reference**
- 4. Personal/Motivation letter including specific objectives to be accomplished during the fellowship.**
  - **A letter from the fellowship candidate outlining why the candidate wants to undertake a Headache Medicine fellowship. Specific objectives of the fellowship should be included. This letter should also include the proposed dates of the fellowship, the center where the fellowship will be done, and the candidate's current educational status.**
- 5. Fellowship Director Acceptance Letter**
  - **Acceptance letter by the fellowship director / supervisor which also outlines the details of the training program for the fellow.**
- 6. Research Submission or Scholarly Activity Plan**

## **Selection Process**

The selection committee will consist of three (3) individuals appointed by the Canadian Headache Society, and one will be appointed Fellowship Chair.

Applications will be primarily evaluated on the following:

- the excellence of the candidate
- the quality of the fellowship proposal

If you have questions or concerns about the Fellowship or the application process please contact:

Michael Knash MD FRCPC  
Fellowship Chair  
Email: mknash@ualberta.ca

**Canadian Headache Society Headache Fellowship Sites: Calgary, Ottawa, Toronto, Vancouver**

**Fellowship Description: Calgary**

City	Calgary
University	University of Calgary
Duration	One year
Fellowship director	Dr Farnaz Amoozegar
Involved staff	Dr Jephtha Davenport Dr Lara Cooke Dr Prin Chitsantikul
Clinical opportunities	Clinical training in outpatient facilities as part of an Interdisciplinary team Opportunities for inpatient headache-related consultations Work at the Chronic Pain Center
Clinical research	Opportunities to be involved in clinical research at several levels
Fundamental research	Involvement with our large neuroscience research group (Hotchkiss Brain Institute) is a potential option
Research in epidemiology	Opportunities are available
Ward duties	None

**Fellowship Description: Ottawa**

City	Ottawa
University	University of Ottawa
Location	Ottawa Headache Centre
Duration	One year
Fellowship director	Dr Suzanne Christie MD FRCPC, Neurologist
Involved staff	Vanessa Doyle, M.D., FRCPC, Neurologist Ana Bradi, M.D., FRCPC, Neurologist Sarah Bellefontaine, PhD, C. Psych (Off-site) Carole Gravelle, RN Joey Strong, RN
Clinical opportunities	Out-patient, community based Headache Medicine Fellowship with extensive exposure to headache patients with both primary and secondary headache disorders. Faculty have close ties to the Division of Neurology at the Ottawa Hospital and the University of Ottawa Principal site for teaching Headache Medicine to Neurology Residents in Ottawa. Botox training and nerve blocks (Ottawa Hospital). Infusion centre in development for treating patients with refractory Medication Overuse Headache ans Status Migrainosus Interdisciplinary clinic Training in how to establish and operate a headache clinic <a href="http://thinkottawamedicine.ca/fellowships-programs/">http://thinkottawamedicine.ca/fellowships-programs/</a>
Clinical research	Opportunities available for clinical research/publication
Research in epidemiology	Opportunities could be made available
Ward Duty/Call	None

**Fellowship Description: Toronto**

City	Toronto
University	University of Toronto
Duration	1 or 2 years
Fellowship director	Drs. Christine Lay and Jonathan Gladstone
Involved staff	Dr Christine Lay Dr Claire Sandoe Dr Marissa Lagman-Bartolome Dr Suvendrini Lena Dr Rose Giammarco Dr Will Kingston Dr Jon Gladstone An Interdisciplinary team of nurses, occupational therapists, psychiatrists.
Clinical opportunities	Opportunity to assess and manage a very wide range of Headache Medicine patients in both Community and Academic Tertiary Care Headache Medicine Clinics servicing pediatric and adult populations with a 10+ million catchment area. Opportunity to learn interventional headache medicine (Onabotulinum Toxin Type A, occipital nerve blocks). Opportunity to have specialized training in Concussion and Post-Traumatic Headache.
Research Opportunities	Wide range of clinical and epidemiological research opportunities available
Ward duties	None
On-Call duties	None

**Fellowship Description: Vancouver**

City	Vancouver
University	University of British Columbia
Duration	1 yr.
Fellowship director	Dr. Sian Spacey
Involved staff	Dr Sian Spacey An Interdisciplinary team of pharmacists and nutritionists
Clinical opportunities	Opportunity to assess and manage a very wide range of primary and secondary Headache disorders through an Academic Tertiary Care Headache Medicine Clinic and in-patient hospital population. Opportunity to learn interventional headache medicine (Onabotulinum Toxin Type A, occipital nerve blocks). Opportunity to have specialized training in Concussion and Post-Traumatic Headache.
Research Opportunities	Range of clinical and basic science research opportunities available
Ward and call duties	None

**Fellowship Description: London**

City	London
University	University of Western Ontario
Duration	1 year
Fellowship Director	Dr. Tommy Chan (Director, John H. Kreeft Headache Clinic)
Involved Staff	Dr. Paul Cooper Dr. Marissa Lagman-Bartolome Dr. Alex Melinyshyn (Community)
Clinical Opportunities	<ol style="list-style-type: none"><li>1. <b>Comprehensive Patient Care:</b> Gain hands-on experience in diagnosing and managing a diverse range of headache disorders in both pediatric and adult populations. [<b>Primary and Secondary Headache Disorders:</b> Encounter and manage a broad spectrum of primary headache disorders (e.g., migraine, tension-type, cluster headache) and secondary headache disorders (e.g., post-traumatic, post-craniotomy, high CSF, low CSF)].</li><li>2. <b>Interventional Procedures:</b> Learn various interventional procedures for headache management, including nerve blocks, trigger points and Botox injections.</li><li>3. <b>Neurosurgery, Neuroradiology, Neuro-Ophthalmology, Collaboration:</b> co-manage secondary headache disorders.</li></ol>
Research Opportunities	Range of clinical and neuro-imaging research opportunities available
Ward	None
On-call Duties	None